

# POWERLIFTING

## REGULATIONS



## TIME SCHEDULE

The powerlifting competition will take place on May 19, 2018.

### Preliminary timetable:

I session

8:00-9:30 Weight-in - Women: -57 kg, -63 kg, -72 kg, 72+kg

10:00 Start competition

II session

11:30-13:00 Weight-in - Men: -66 kg, -74 kg, -83 kg

13:30 Start competition

III session

15:00-16:30 Weight-in - Men: -93 kg, -105 kg; 105+ kg

17:00 Start competition

## PLACE

The competition will be held at Tartu University Sporthall, Ujula Str. 4, Tartu.

## REGISTRATION

All information about registration can be found in SELL 2018 General Regulations.

## PARTICIPANTS

All competing participants must meet the requirements of the General Regulations of SELL 2018 Tartu games.

WOMEN: -57 kg; -63 kg; -72 kg; 72+ kg and Absolute category (Wilks coefficient)

MEN: -66kg; -74 kg; -83 kg; -93 kg; -105 kg; 105+ kg and Absolute category (Wilks coefficient)

## SYSTEM OF COMPETITION

The competition is individual. There is no restriction to the number of participants. The competitions will be held according to international IPF classical Powerlifting (RAW) rules.

All protests will be resolved in accordance with the General Regulations of SELL 2018 Tartu games.

## ORGANIZERS

Peep Päll

[sport@sellgames2018.com](mailto:sport@sellgames2018.com) / [www.sellgames2018.com](http://www.sellgames2018.com)